

ELIZABETH VISCEGLIA

Professional Responsibilities and Work Experience:

- 2004-2009 *Albert Einstein College of Medicine* Bronx, NY
Residency in Psychiatry at Montefiore Medical Center
- 2006-2009 *Therapeutic Yoga Teacher* Los Angeles, CA and NY, NY
Taught yoga at Bronx State Psychiatric Center, day
treatment programs, and long-term shelter for women with
chronic mental illness
- 2003 *IPPNW Selected Medical Exchange* Lusaka, Zambia
Participated in all aspects of care for clinic clients and
inpatients at the only psychiatric treatment facility in the
country
- 2000-present *East Harlem Health Outreach Project* NY, NY
Co-founder of student-run clinic for underserved
community members
- 2001 *Child Family Health International* Dehra Dun, India
Mobile Health Care Clinician
Visited underserved communities to provide basic medical
care and studied Ayurveda, traditional Indian herbal
medicine
- 1999-2000 *Back to Life Leprosy Clinic* Varanasi, India
Health Care Clinician and Medical Advocate
Treated lepers, their families, and other chronically ill
people and helped low-caste patients obtain further medical
assistance as needed
- 1995-1996 *Global Service Corps* Mumias, Kenya
HIV/AIDS Education and Health Program Director
Organized preventive health and HIV/AIDS education
seminars, worked with local clinicians to establish ongoing
women's health programs, and directed volunteer teams of
US doctors and nurses

Education:

2000-2004 *Mount Sinai Medical School* NY, NY
Medical Doctorate (MD)

1989-1993 *Georgetown University* Washington, DC
Honors Government Major, Women's Studies Minor
Summa Cum Laude and Phi Beta Kappa

Research:

2009 *Effects of Yoga on Chronic Schizophrenia* Bronx, NY
Principal Investigator in a study exploring the effects of
yoga therapy on people with schizophrenia at Bronx State
Psychiatric Center

Publications:

2008 *Yoga Therapy in Practice, Vol. 4, Issue 3*
"Spiritual Madness and Compassionate Presence: An
Interview with Elizabeth Visceglia, MD"

2007 *International Journal of Yoga Therapy, No. 17*
"Healing Mind and Body: Using Therapeutic Yoga in the
Treatment of Schizophrenia"